WAVE II Local Training Concept & Multi-Format Agendas

Project Title: WAVE II – What about Democracy Education, Participation and the Transfer of European Values in the Context of Intercultural Youth Social Work
Training Framework: National Replication and Capacity Building for Youth Practitioners
Target Group: Youth workers, social workers, educators, trainers, project coordinators, and practitioners working with young people in intercultural or migration-related contexts.

Conceptual Framework

Overall Aim

To strengthen local practitioners' ability to promote democracy, equality, non-discrimination, human dignity, and active participation through practical, transferable educational methods. The core strategy shifts away from theoretical legal lectures, framing European values instead as an active, lived daily practice (how people speak, listen, decide, include, and respect).

Training Objectives

By the conclusion of any selected format, participants will be able to:

1. Explain the relevance of European values in intercultural youth social work.
2. Identify how systemic issues can be productively addressed through creative non-formal education.
3. Understand and apply the core structural phases of the WAVE II methods.
4. Adapt the educational frameworks safely to their local socio-cultural contexts.
5. Reflect critically on transferability, psychological safety, group boundaries, and material constraints.

The 5 Core Methodologies Explained

All variations draw from the official WAVE II toolbox:

- **The Project Method:** A learner-led, real-world investigative tool focused on civic research with minimal facilitator direction.
- **Democracy Theater Direkt:** Script-free, improvisational roleplay exploring conflict resolution, power structures, and civic choices.
- **Self-Portrait as a Path to Dignity:** Art-based portrait tracing and mixed-media storytelling to reflect non-verbally on identity and human value.
- **Artistic and Music Expression:** Collaborative creation of physical community murals or collective music/rhythm tracks focused on solidarity.
- **Sports as a Key of Dignity:** Active simulation games played under intentionally unequal or unfair rules to trigger deep reflections on structural discrimination.

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VARIATION 1: Intensive 1-Day Concept (8 Hours Total)

Strategy Overview

This format is designed for rapid, high-impact upskilling. It maximizes training efficiency by providing a unified presentation of all 5 methods in the morning, followed by two elective breakout tracks in the afternoon. Participants choose the specific tools that align directly with their local organizations' needs.

Proposed 1-Day Agenda

- **09:30 – 10:00 | Session 1: Opening, Trust-Building & Framing**
    - **Content:** Welcome address, setting up communication boundaries, mapping learning expectations, and establishing a secure peer group space. Connecting local implementation to the wider European WAVE II project ecosystem.
- **10:00 – 10:30 | Session 2: Values as Lived Practice (The Foundation)**
    - **Content:** Guided small-group mapping sessions. Participants identify where local youth experience democracy, discrimination, or exclusion in their daily neighborhood routines.
    - **Output:** A shared repository of local real-world challenges used as content inputs for the afternoon deep dives.
- **10:30 – 12:00 | Session 3: The 5-Method Carousel Showcase**
    - **Content:** A comprehensive walkthrough of the 5 project methods. The facilitator breaks down the core 10-point structural template for each tool: its primary target groups, required materials, facilitation profiles, and calculated implementation risks.
- **12:00 – 12:15 | Coffee Break**
- **12:15 – 13:45 | Session 4: Deep-Dive Lab 1 (First Elective Choice)**
    - **Content:** Participants split into parallel tracks based on their selected priorities (e.g., Track A: Theater, Track B: Self-Portraits). The session provides a complete experiential simulation where participants step into the role of the learners, followed by a detailed pedagogical debrief on facilitation requirements.
- **13:45 – 14:30 | Lunch Break**
  (Optimized to 45 minutes to preserve group dynamic and learning momentum).
- **14:30 – 16:00 | Session 5: Deep-Dive Lab 2 (Second Elective Choice)**
    - **Content:** Participants swap tracks to experience a second prioritized method. Focus is shifted heavily toward safety guidelines, managing emotional tension, and simplifying language prompts for high-barrier minor migrant or refugee populations.
- **16:00 – 16:15 | Break**
- **16:15 – 17:45 | Session 6: Troubleshooting & Reconstructive Adaptation**

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- **Content:** Rejoining the main plenary room to compare notes across the tracks. Group brainstorming to resolve practical barriers highlighted in training evaluation data, such as executing sports models without specialized facilities or dealing with domestic material shortages.

- **17:45 – 18:30 | Session 7: Local Action Canvas & Closing**
  - **Content:** Individual completion of the replication template (target audiences, value focus, structural adjustments, and calculated risks). Distribution of digital feedback links and final evaluation check-out.

VARIATION 2: Two-Day Split Concept (8 Hours Total)

Strategy Overview

This configuration splits the 8-hour curriculum across two consecutive days (4 hours per day). It eliminates "training fatigue" and gives practitioners a full evening to reflect on the methodologies before stepping into the role of the facilitator. Day 1 focuses on framing and theoretical showcases, while Day 2 is reserved entirely for hands-on application.

Day 1 Agenda (4 Hours Total)

- **09:30 – 10:00 | Opening, Group Trust & Orientation**
  Welcome introductions, expectations mapping, and non-formal icebreakers to cultivate a collaborative environment.
- **10:00 – 10:45 | Conceptual Anchoring: Value Mapping**
  Small-group mapping of human rights issues in youth work. Translating abstract democratic concepts into a workable catalog of local neighborhood scenarios.
- **10:45 – 11:00 | Coffee Break**
- **11:00 – 12:45 | The 5-Method Master Carousel**
  A centralized structural overview of the 5 core methodologies. In-depth presentation regarding age appropriateness, safety parameters, and psychological boundaries for vulnerable learners.
- **12:45 – 13:30 | Breakout Tracking & Selection Plenary**
  Open Q&A on the presented tools. Participants officially vote and select their tailored afternoon deep-dive breakouts for Day 2.

Day 2 Agenda (4 Hours Total)

- **09:30 – 09:45 | Morning Reconnection Log**
  Brief opening circle to summarize Day 1 insights and set up the active breakout stations.
- **09:45 – 11:15 | Deep-Dive Lab 1: First Choice Practice & Debrief**
  Parallel breakout tracks open. Live experiential simulation of a full method framework followed immediately by a practitioner-focused pedagogical debrief.
- **11:15 – 11:30 | Coffee Break**

- **11:30 – 13:00 | Deep-Dive Lab 2: Second Choice Practice & Debrief**
  Participants shift to their second chosen method station. Hands-on simulation focusing heavily on managing group conflict, emotional decompression, and trauma-informed safety boundaries.
- **13:00 – 13:30 | Local Action Canvas, Evaluation & Closing**
  Individual execution of the replication canvas. Final feedback loop and digital collection of post-training survey data.

VARIATION 3: Immersive Concept (2 Full Days / 16 Hours Total)

Strategy Overview

Designed for specialized teams, this 16-hour immersive framework eliminates elective tracks. **Every single participant undergoes a dedicated 1.75-hour deep-dive, practical simulation, and independent debrief for all 5 WAVE II methods.**

Day 1 Agenda (8 Hours Total)

- **09:30 – 10:15 | Opening, Framing & Group Agreements**
  Introductions, professional expectations mapping, and establishing group communication protocols for sensitive value discussions.
- **10:15 – 11:00 | Conceptual Anchor: Values as Lived Practice**
  Deep analysis of democracy, equality, non-discrimination, and human dignity within local youth settings. Case-study deep dives into structural exclusion.
- **11:00 – 11:15 | Morning Break**
- **11:15 – 13:00 | Method 1 Deep-Dive: Democracy Theater Direkt**
  Structural presentation, live facilitator demonstration, full participant-led improvisation simulation, and a structural debrief on managing high emotional tension.
- **13:00 – 14:00 | Lunch Break**
- **14:00 – 15:45 | Method 2 Deep-Dive: Self-Portrait as a Path to Dignity**
  Exploring creative self-expression in intercultural youth social work. Complete execution of the art-based portrait tracing workshop, followed by a debrief on non-verbal inclusion strategies for refugee youth.
- **15:45 – 16:00 | Afternoon Break**
- **16:00 – 17:45 | Method 3 Deep-Dive: Sport as a Key of Dignity**
  Active movement simulation testing the deliberate introduction of unequal or discriminatory rules. Debriefing physical processing, systemic disadvantage, and managing frustration safely without sports backgrounds.
- **17:45 – 18:30 | Day 1 Deconstruction & Mid-Way Circle**
  Reflective synthesis of the first three methods, addressing execution anxieties, and logging initial local adaptation thoughts.

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Day 2 Agenda (8 Hours Total)

- **09:30 – 10:00 | Day 2 Opening & Energetic Warm-up**
  Refocusing the practitioner cohort and reviewing the Day 1 learning log.
- **10:00 – 11:45 | Method 4 Deep-Dive: Artistic and Music Expression**
  Collaborative creation blocks focusing on solidarity (mural sketch or collective rhythm/song tracking). Debriefing resource constraints and cost-efficient alternative materials.
- **11:45 – 12:00 | Morning Break**
- **12:00 – 13:45 | Method 5 Deep-Dive: The Project Method**
  Unpacking long-term learner-led community investigative modules. Small groups map out a functional micro-project research timeline, followed by a debrief on managing minimal facilitator intervention.
- **13:45 – 14:45 | Lunch Break**
- **14:45 – 16:30 | Local Customization, Risks & Barriers Lab**
  Advanced group work mapping common obstacles to local deployment extracted from training metrics: stakeholder resistance, budget limits, and specific language modifications.
- **16:30 – 16:45 | Afternoon Break**
- **16:45 – 18:00 | The Local Replication Canvas Development**
  Participants build out their final independent rollout blueprints using the project's standard 7-point planning matrix.
- **18:00 – 18:30 | Certification, Evaluation & Official Closing**
  Distribution of physical attendance certificates, collection of post-training digital evaluation questionnaires, and final closing commitments.

Essential Facilitation & Safety Standards for Trainers

To ensure replication quality matches the standards identified in the training evaluation data, all local trainers must adhere to the following baseline rules during any of the three variations:

1. **Non-Negotiable Safety Spaces:** Creative and theatrical methods can surface sensitive personal stories or emotional stress. Participation in roleplay or personal art sharing must always remain entirely voluntary—never force a vulnerable participant or a learner into the spotlight.
2. **Focus on the Experiential Cycle:** Every method must respect the four-step experiential model: *Anchor* (building safe boundaries), *Experience* (running the activity), *Reflection* (deconstructing feelings), and *Transfer* (connecting to real-life action). Do not rush the reflection phase to save time.

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